

## THE CHAMPERNOWNE TRUST

Forty-first Annual Summer Course

# OPPOSITION: Destruction and Creation

21st July – 27th July 2012  
Buckland Hall, Brecon Beacons

Cost £795 (fully inclusive)

A deposit of £150, non-returnable once you have been offered a place, should be sent with the application form (Payments from overseas in £ sterling please).

All accommodation is in shared rooms.

Arrangements can be made for payments to be made by instalments. Otherwise the full cost of £795, less deposit, should be paid immediately upon acceptance for the Course. Cheques should be made payable to THE CHAMPERNOWNE TRUST.

A limited number of grants and a monthly payment scheme are available from The Champernowne Trust. The closing date for grant applications is 24th March 2012.

All enquiries, as well as requests for grant application forms, should be sent to:

The Champernowne Trust,  
32 Meadfoot Lane, Torquay, Devon, TQ1 2BW  
e-mail: [admin@champernowne.org.uk](mailto:admin@champernowne.org.uk)



[www.champernowne.org.uk](http://www.champernowne.org.uk)



### BUCKLAND HALL

The venue is Buckland Hall, a retreat centre in the Brecon Beacons National Park, with mountain and river valley views; a Victorian neo-Gothic mansion, originally a family home built on the site of a medieval building with princely connections. It is set in 60 acres of gardens, parkland and woodland, with a lake and an arboretum containing ancient trees. The owners have created an ethos dedicated to holistic ideals and lifestyle, including the provision of gourmet vegetarian meals. Facilities include shared en-suite bedrooms and a good range of spacious conference and social/recreational rooms.

For more information on the venue see [www.bucklandhall.co.uk](http://www.bucklandhall.co.uk)

### Summer Course Committee

Michael Vizard, Director  
Richard Lanham,  
Coral Mann,  
Nina Papadopoulou,  
Pam Stirling

**THE CHAMPERNOWNE TRUST**  
In memory of Gilbert and Irene Champernowne



THE CHAMPERNOWNE TRUST  
for Psychotherapy and the Arts

## 41<sup>st</sup> Annual Summer Course

Personal and Professional Applications of Analytical  
Psychology in Clinical, Educational and Social Contexts

# OPPOSITION: Destruction and Creation

Life is born only of the spark of opposites.

C G Jung, CW7 para 78

This thing of darkness I acknowledge mine.

Shakespeare, *The Tempest*, act V, scene 1

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Opposition lies at the heart of nature and existence. Myths from around the world tell of how creation comes through separation into opposites: light and dark, heaven and earth, sea and land, male and female. In such myths, opposition generates life.

But myths also tell of opposition that brings conflict, as in the recurring motif of the hostile brothers. The conflict may lead to new life, but it may also end in destruction. We grapple with this tension in personal, professional, organisational and international relationships.

Psychologically, opposition can be understood as the tension between consciousness and the unconscious. Consciousness arises, according to Jung, though the discrimination of opposites: whatever attitudes or approaches to life exist in the conscious mind, their opposite lies in the unconscious. For Jung, the opposites, 'confronting one another in enmity or attracting one another in love', are the essence of psychological life. Only by holding or grappling with the tension between them can we hope to encounter 'the unknown third', the reconciling symbol of new life that is the essence of individuation.

The course will explore the theme of opposition from a wide range of perspectives: Jungian psychology, myth, the arts, politics, astrology, organisations, and its application to clinical work.

**The Champernowne Trust**, a mental health and educational charity, was founded in 1969 by the late Irene Champernowne. It was established to promote emotional health through Jungian Psychotherapy and the Creative Arts, building on the pioneering work developed at Withymead, the therapeutic community she ran in Devon during the 1940s and 1950s.

The Trust has two major objectives. The first is the provision of assistance to people in need of psychotherapy but whose financial resources are limited. The second is the sponsorship of special courses and events for therapists and others in the helping professions which provide opportunities to explore creative and innovative aspects of Jungian psycho-

therapy. The week-long Annual Summer Course, held every year since 1972, takes place at Buckland Hall, near Abergavenny.

**The Course is intended for those involved in the following:** psychotherapy and counselling, the arts therapies, psychiatry and psychology, the arts, education, the health services, social and community work, and other related professions

Participants come from many different cultural and professional backgrounds. The diversity of experience, age, professional status – from students to consultants – gives rise to a stimulating, lively and egalitarian environment, a meeting place without badges, and a potent forum for the exchange of ideas.

### **Purpose and Content**

The original purpose of the course was to provide those working in the helping professions with a week of professional and personal restoration, a time to restock mentally, spiritually and physically. This remains an important aspect of the course today. Formal lectures and seminars, discussions, exchange of ideas, experiential group work and engagement in creative activities, both individually and in groups, encourage new learning and provide clinical support. This professional course has a high staff to participant ratio to support the learning experience.

In addition, the course offers opportunities for music making, singing, dance, poetry, meditation, walks, and space to enjoy the company of others, as well as the stimulation and learning provided through formal lectures and participatory arts workshops. All these activities are elective: participants take responsibility for their use of the time and the programmed events.

The Champernowne Trust Summer Course encourages personal and professional development by linking creative and psychological aspects of change. It is based on the premise that problem solving and innovation, whether in the arts, sciences or therapy, demand the cultivation of insight, enterprise and

imagination. The programme of lectures, practical arts workshops and studios reflects and explores this belief. Discussions tend to focus upon the relationship between personal development, psychological understanding and good practice.

The Course has a broadly Jungian/archetypal ethos, but without dogmatism or evangelism. Many people find that these elements make the course unique and different from other training or professional development experiences.

A Certificate of Attendance is provided for this course and it is also valid CPD (Continuing Professional Development) for anyone working in the mental health field. Employers have often provided financial support for staff attending this course

### **SPEAKERS**

**Josephine Evert-Secker** Jungian Analyst

**Jim Fitzgerald** Jungian Analyst

**Lindsay Radermacher** Astrologer

**Frank Röhrich** Psychiatrist, Body Psychotherapist, Researcher, Poet

**Dr. Chris Wood** Director Art Therapy, Northern Programme

**Kyrie James** Judge, First Tier Tribunal (Asylum & Immigration Chamber)

### **WORKSHOPS**

Previous experience or skill in the arts is not necessary for any of the workshops

**Movement** Nina Papadopoulos

**Drama** Aleka Loutis

**Music** Averil Williams

**Writing** Sonia Fraser

### **STUDIOS**

The Painting and Clay Studios are open twenty-four hours a day.

**Studio Leaders :**

**Richard Lanham, Coral Mann and Lene Rasmussen**

**Singing:** Hilary Fisher